

Este examen consta de dos modelos: A y B.
Cada modelo consta de cinco apartados: 1, 2, 3, 4 y 5.
Debe ofrecer UNA respuesta a cada uno de los apartados (1, 2, 3, 4 y 5) pudiendo escoger si desea responder, para cada uno de ellos, del modelo A o B.
Encabece la respuesta a cada uno de los apartados indicando a qué modelo corresponde (ejemplo: Apartado 1, modelo B; Apartado 2, modelo A, etc.)."

Azterketan bi eredu ditu: A eta B.
Eredu bakoitza bost atal ditu: 1, 2, 3, 4 eta 5.
Atal bakoitza erantzun behar duzu, eta, erantzun bakoitza A edo B eredutik aukeratu dezakezu.
Atal bakoitza erantzunaren gainean, erantzuna zein ereduri dagokior ereduarekin (adibidea: 1. atala, B eredu; 2. atala, A eredu) eratu behar duzu.

Opción A

TEENS AND PLASTIC SURGERY IN THE AGE OF SOCIAL MEDIA

In the digital era dominated by social media, teenagers find themselves navigating a complex landscape of beauty standards perpetuated by social media influencers who promote perfected features, and an idealized version of beauty.

A concerning trend: an increasing number of teenagers resort to plastic surgery in pursuit of the unattainable perfection they encounter daily on their smartphones.

Social media platforms, such as Instagram and Snapchat, have popularized beauty filters that enable users to digitally enhance their appearance. These filters, equipped with features like smoothing skin, enlarging eyes, and reshaping facial contours, create an unrealistic standard of beauty that teenagers, in particular, internalize as the norm. The pressure to conform to these digital images has led many adolescents to consider drastic measures, including plastic surgery, to mirror the perfect looks promoted online.

One major consequence of the beauty filter trend among teenagers is the distortion of self-perception. Constant exposure to digitally altered images can contribute to a negative body image and erode self-esteem. As a result, teenagers may seek plastic surgery as a means to adjust their physical appearance with the perceived beauty ideals prevalent on social media. This growing desire for physical perfection raises questions about the long-term impact on the mental health and self-worth of individuals. Moreover, the accessibility of cosmetic procedures has increased, making it more enticing to teenagers. To make matters worse, some procedures are marketed to adolescents to underestimate the potential risks and implications associated with surgery. The quest for beauty, fuelled by the virtual world, can push teenagers towards making hasty decisions without fully comprehending the permanent and potential consequences of altering their natural features.

Parents and educators play a crucial role in addressing this issue. Open conversations about self-esteem, body image, and the influence of social media are essential to equip teenagers with the tools to critically evaluate the content they consume online. Additionally, promoting a healthy and realistic perspective on beauty, emphasizing individuality and self-acceptance, can counteract the negative impact of beauty standards.

1. Answer these questions about the text. Use your own words wherever possible (2 points, 1 each).

- a. In which way are social media platforms such as Instagram and Snapchat contributing to the problem of plastic surgery on teenagers?
- b. How can parents and educators address this issue?

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1. Answer these questions about the text. Use your own words wherever possible (2 points, 1 each).

- a. In which way are social media platforms such as Instagram and Snapchat contributing to the problem of plastic surgery on teenagers?
- b. How can parents and educators address this issue?

2. Read the following statements, decide whether they are true or false and justify your answer by quoting evidence from the text (1 point, 0,50 each).

- a. Teens generally have a realistic opinion of their own beauty.
- b. Adolescents see minimally invasive cosmetic procedures as less risky than they really are.

3. Find in the text the word or group of words that match these definitions (1 point, 0, 25 each).

- a. Impossible to reach (paragraph 1).
- b. Allow (paragraph 2).
- c. Hurried, without thinking carefully (paragraph 3).
- d. Neutralize, prevent (paragraph 4).

4. Complete the text using the correct words from the box below. There are 2 words that you won't need (2 points, 0, 25 each).

Teens seek plastic surgery for many reasons. One reason many cite is that young people can be cruel, (a) _____ intentionally or not. For example, someone (b) _____ blurt out to a friend –“Gee, did you see that kid's nose?”– (c) _____ thinking of the pain it can cause.

A constant barrage of cruel remarks often drives teens to take surgical action (d) _____ improve their appearance and self-esteem. Teens often report that their self-image and self-confidence improves (e) _____ their perceived physical shortcomings are corrected.

While these reasons are similar to (f) _____ of adults, teens often want to fit in with others (g) _____ than stand out. So it is important for teens considering plastic surgery to be sure that they are doing it (h) _____ themselves and not to meet the expectations of anyone else.

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5. Write a composition of around 150-200 words on ONE of the following topics (4 points)

- a. Imagine you met someone face to face after chatting up in a social site. Write a letter to a friend telling him/her about your encounter, how you felt, how the date ended, if you were disappointed and so on.
- b. Write an opinion essay on this topic: “Regardless of age, everyone has the right to make decisions about their own bodies”

Opción B

HOOLOGAN PARENTS, DON'T CHASE YOUR CHILD

Children's football matches are meant to be a platform for young athletes to learn, grow, and enjoy the sport in a supportive environment. Parents are important role models for their children, and their behavior at sporting events significantly influences how young athletes perceive competition and sportsmanship. Unfortunately, the presence of parental hooliganism has cast a dark shadow over these events, jeopardizing the presence of youth sports. When parents engage in hooliganism, they send the message that winning is everything, even at the cost of respect and fair play. This distorted perspective can cause a child's understanding of the true spirit of sports, where the emphasis should be on teamwork, effort, and personal development. This alarming behavior exhibited by some parents tarnishes the image of the game and has profound and lasting effects on the children involved.

One of the most distressing aspects of parental hooliganism is the aggressive behavior displayed in the heat of the moment. Verbal abuse, confrontations with coaches, and even physical altercations have become disturbingly common at children's football matches. This aggressive behavior, often fuelled by a misguided sense of competitiveness, sends the wrong message to the young players who are supposed to be learning about sportsmanship and teamwork. The consequences of parental hooliganism on children can be severe and long-lasting. Instead of enjoying the game and focusing on skill development, young players may find themselves burdened with stress and anxiety. The fear of disappointing their parents or facing aggression from the sidelines can hinder their performance and negatively impact their overall experience with the sport. This toxic environment may even drive some children away from sports altogether, robbing them of the numerous physical, social, and emotional benefits that organized sports can provide.

Educating parents about the impact of their behavior on children and the sporting community is essential. Workshops, seminars, and informational campaigns can help raise awareness about the importance of fostering a positive environment at youth sports events. Emphasizing the values of respect, fair play, and encouragement can contribute to a cultural shift, promoting a healthier sporting atmosphere for everyone involved. It is essential that parents, as well as coaches, and sports organizations work together to create an environment where children can thrive both on and off the field.

1. Answer this question about the text. Use your own words wherever possible (2 points).

a. What are the consequences of parental hooliganism on children?

2. Read the following statements, decide whether they are true or false and justify your answer by quoting evidence from the text (1 point, 0,50 each).

a. Children of hooligan parents may believe that beating the opponent outweighs respect and fair play.

b. Making a positive sports environment is primarily the responsibility of the parents.

3. Find in the text the word or group of words that match these definitions (1 point, 0, 25 each).

a. Putting at risk (paragraph 1).

b. Upsetting, worrying, that causes sharp and strong anxiety, pain and sorrow (paragraph 2).

c. Loaded with (paragraph 2).

d. Promoting, encouraging (paragraph 3).

4. Complete the text using the correct words from the box below. There are 2 words that you won't need (2 points, 0, 25 each).

Police had to intervene after a brawl broke (a) _____ on March 19 at a match involving (b) _____ playing a football match in Mallorca. A video captured by a mobile phone shows adults shouting, kicking and taking swings at each other. –“*There are children!*”– a woman can be (c) _____ saying in the background. Another video that emerged (d) _____ this year showed two fathers squaring off at a stadium (e) _____ the island of Gran Canaria. One of the men was admitted (f) _____ hospital and had to have eye surgery. The videos have outraged Spaniards and have (g) _____ a spotlight on the responsibility of clubs (h) _____ the behavior of their young players' parents.

13-YEAR-OLDS	13-YEARS-OLD	EARLIER	OUT		
THREW	ON	TO	FOR	THROWN	HEARD

5. Write a composition of around 150-200 words on ONE of the following topics (4 points)

a. Imagine you are going to start coaching a youth sports team. Write a letter to the team and the parents about your expectations for this year.

b. You saw a horrible fight between a few parents at a kids' football game last weekend. Complain about the embarrassing event in a formal letter to the town mayor. Describe what happened and ask for some urgent measures.



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